

For the Media: Julia Schopick, author of the best seller, *Honest Medicine*



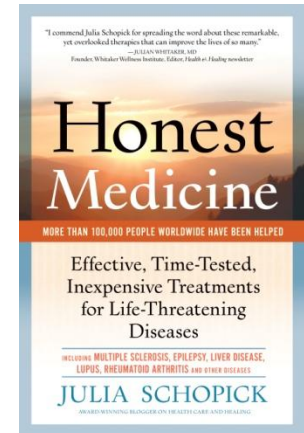
## About the Author

**Julia Schopick** is a best-selling author and dynamic speaker who presents before patients, parenting groups and innovative doctors who want to become informed and empowered to make the best health choices for themselves, their patients and loved ones. Creator of the award-winning blog, *HonestMedicine.com*, Julia's writings on health and medical topics have been featured in the *American Medical News (AMA)*, *Alternative & Complementary Therapies*, *British Medical Journal* and the *Chicago Sun-Times*. Her mission is to inform people about little-known but promising treatments, and to empower them in making health care choices.

## About the Book

**HONEST MEDICINE** introduces four lifesaving treatments that have been effectively treating—and in some cases curing—people for 25-90 years. However, for reasons of profitability (or lack thereof), these treatments have not been universally accepted. The treatments are:

- **Low Dose Naltrexone (LDN)** for autoimmune diseases (e.g., multiple sclerosis, lupus, rheumatoid arthritis, Crohn's disease), HIV/AIDS and some cancers
- **The Ketogenic Diet** for pediatric epilepsy
- **Intravenous alpha lipoic acid**, for terminal liver disease and, with LDN, for some cancers
- **Silverlon** for non-healing wounds



This book has received a great deal of praise:

- **Julian Whitaker, MD:** "I commend Julia Schopick for spreading the word about these remarkable, yet overlooked therapies that can improve the lives of so many."
- **Ronald Hoffman, MD:** "I predict that *Honest Medicine* will become an instant classic."
- **Jeffrey Dach, MD:** "A revolution is at hand, and Julia's new book, *Honest Medicine*, is leading the charge with banner held high."
- **David Brownstein, MD:** "*Honest Medicine* should be required reading for all physicians and patients searching for safe and effective therapies."

Available online at [Amazon.com](http://Amazon.com), [BarnesAndNoble.com](http://BarnesAndNoble.com) & other online retailers

## Book Julia as a guest today!

Julia has been featured on many high-profile radio programs, including **Coast to Coast AM**, **Health Talk** (interviewed by **Ronald Hoffman, MD**, WOR710-AM Radio, NY), the **Dr. Katherine Albrecht Show**, **BlogTalkRadio** with **Mary Boyle Bradley**, and **Wellness TalkRadio** with **Kris Costello**. She has also been a frequent guest on the **Frankie Boyer Show**. Recordings of her interviews, information about her guest appearances and links to other media appearances are here: <http://www.honestmedicine.com/media.html#online>.

*"I'm glad you pointed me in this direction by writing your book..."* -- Cynthia Hunt

*"Julia, I just finished your book! Read it in 1 day! All I can say is OMG! I cried for these people and smiled when they got better! ... You are an inspiration: Thanks for letting people know ..."* -- Valerie George Little